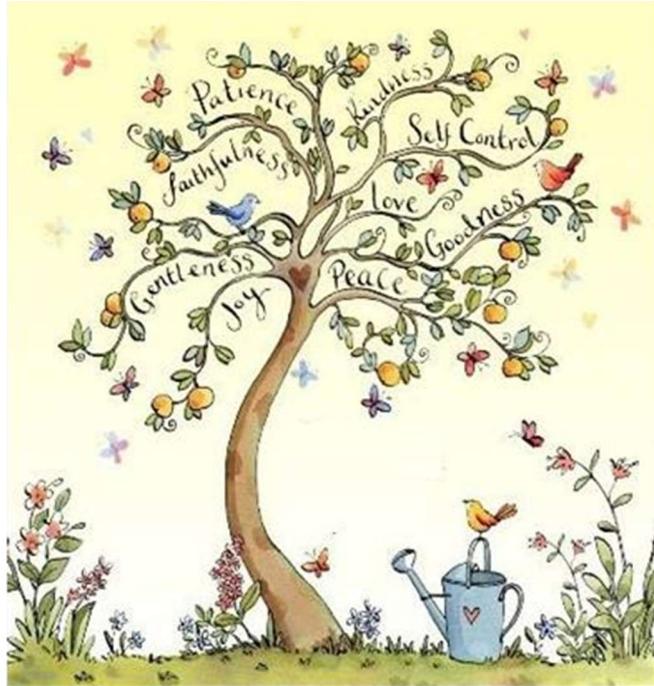


Foston and Terrington C of E Primary Federation  
in collaboration with Stillington Community Primary School

# Self-Harm Policy



*Love, Learn and Grow Together*

At Foston and Terrington CE Federation our commitment to promoting inclusivity, affirming diversity, embracing community and inspiring creativity, is rooted in the words of St Paul who wrote, 'The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control' (Galatians 5 v 22-23). These Christian values are fostered in the pupils and staff building an ethos where all can flourish.

At Stillington Community Primary School our commitment to promoting inclusivity, affirming diversity, embracing community and inspiring creativity, is rooted our core values of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. These core values are fostered in the pupils and staff building an ethos where all can flourish.

<b>Policy adopted by Governing Boards</b>	<b>Nov 2021</b>
<b>Date of next Review</b>	<b>Nov 2022</b>

## **1. Introduction and Context**

1.1 Recent research indicates that up to one in ten young people in the UK engage in self-harming behaviours, and that this figure is higher amongst specific populations, including young people with special educational needs. School staff can play an important role in preventing self-harm, building resilience and supporting pupils, peers and parents of pupils currently engaging in self-harm.

## **2. Purpose**

2.1 This document is a policy for staff working in our schools who may be supporting pupils who self-harm.

## **3. Aims**

3.1 To adhere to the NYCC Self-Harm Guidance protocol.

3.2 To develop outstanding practice within our schools to help and support pupils who self-harm.

## **4. Definition of Self-Harm**

4.1 Self-harm is any behaviour where the intent is to deliberately cause harm to one's own body.

## **5. Roles and responsibilities**

### **The Governing Body**

5.1 The governing body has the legal duty to safeguard and promote the welfare of their pupils. There may be a nominated governor who has responsibility for safeguarding who will have an oversight for provision for pupils who self-harm.

### **The Headteacher**

5.2 The Headteacher has responsibility for establishing effective safeguarding procedures with regard to self-harm, thereby ensuring the duty of care of pupils and staff.

### **Staff**

5.3 Pupils may choose to confide in any member of school staff if they are concerned about their own welfare, or that of a peer.

Referral procedures are: [Report to Designated Safeguarding Lead \(DSL\)](#)

5.4 This includes all staff being aware of the North Yorkshire pathway of support for children and young people who deliberately self-harm.

## 6. Training

6.1 Schools are recommended to access training regularly on self-harm. Staff giving support to pupils who self-harm may experience all sorts of reactions to this behaviour in pupils (e.g. anger, helplessness, rejection); it is helpful for staff to have an opportunity to talk this through with work colleagues or senior management.

6.2 Staff taking this role should take the opportunity to attend training days on self-harm or obtain relevant literature. Induction procedures for all staff, outlined below, will include training on Self-Harm, Child Protection procedures and setting boundaries around Confidentiality.

At Foston and Terrington Federation and Stillington School regular training is undertaken through staff meetings

## 7. Monitoring and Evaluation

7.1 The designated governor who has responsibility for safeguarding will monitor the systems at least annually and following any incident of self-harm.

2020 / 2021	Designated Safeguarding Lead (DSL)	Deputy Safeguarding Lead (DDSL)	School Based DDSL	Nominated Governor	Chair of Governors
Foston	Sarah Moore	Katie Stringer	Zara Midwood	Vanessa Jones	Helen Ashdown
Terrington	Sarah Moore	Katie Stringer	India Tordoff	Vanessa Jones	Helen Ashdown
Stillington	Sarah Moore	Katie Stringer	Catherine Hunter	Corinne Cross	Corinne Cross